

Food handlers:

You are very important in preventing illness in your community.

Always wash your hands **before** handling food, and **after**:

- 1 Sneezing or coughing.
- 2 Using the bathroom.
- 3 Smoking, eating or using toothpicks.
- 4 Handling raw food.
- 5 Clearing and wiping tables.
- 6 Any type of cleaning job.
- 7 Handling soiled objects, like money.

